

KINDNESS BINGO



WHAT'S INCLUDED

Kindness Bingo includes 30 bingo cards to download and print.
Each bingo card has 16 acts of kindness for children to complete.

AIMS

Kindness Bingo aims to encourage a culture of kindness in the classroom. We want to empower children by helping them to realise that the little choices they make every day can make a difference. Kindness helps everyone - the person receiving kindness, the person giving kindness...and even people who just see kindness happening around them!

HOW TO PLAY

Kindness Bingo isn't designed to be played in one sitting. Children can complete the kind acts throughout the day and tick them off (or over a few days) and return the card to the teacher when they have completed every act. For younger children, or a quicker task, children can simply complete 4 tasks in a row to get BINGO! Afterwards, reflect on how it felt to be kind, and to receive kindness.



KINDNESS BINGO



Invite
someone
new to
play with
you



Let
someone
go in front
of you in
line

Say
something
kind to a
class mate



Thank a
grown up
for helping
you

Write
a kind
note for
someone in
your family



Tidy up
without
being
asked

Say
hello to
someone
new



Hold a
door
open for
someone

Smile at
someone



Pick up
some litter
in the
playground

Push a
friend's
chair in for
them

Sharpen
someone's
pencil



Write down
3 things
you love
about
yourself

Tell a
friend a
funny joke



Ask
someone if
they need
help

Say sorry
if you've
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KINDNESS BINGO



 Tell a friend a funny joke	Write down 3 things you love about yourself	Invite someone new to play with you	Let someone go in front of you in line
Say hello to someone new 	 Hold a door open for someone	Thank a grown up for helping you	 Say something kind to a class mate
Tidy up without being asked	Write a kind note for someone in your family	 Smile at someone	Pick up some litter in the playground
 Ask someone if they need help	Say sorry if you've done something wrong	Sharpen someone's pencil 	Push a friend's chair in for them

KINDNESS BINGO



Ask someone if they need help 	Tell a friend a funny joke	Write down 3 things you love about yourself	Invite someone new to play with you
Hold a door open for someone	 Thank a grown up for helping you	Say something kind to a class mate	 Let someone go in front of you in line
 Say hello to someone new	Tidy up without being asked	Write a kind note for someone in your family	Smile at someone 
Say sorry if you've done something wrong	 Sharpen someone's pencil	Push a friend's chair in for them 	Pick up some litter in the playground

KINDNESS BINGO



Say sorry if you've done something wrong	Ask someone if they need help	Tell a friend a funny joke	Write down 3 things you love about yourself
Thank a grown up for helping you	Say something kind to a class mate	Let someone go in front of you in line	Invite someone new to play with you
Hold a door open for someone	Say hello to someone new	Tidy up without being asked	Write a kind note for someone in your family
Sharpen someone's pencil	Push a friend's chair in for them	Pick up some litter in the playground	Smile at someone

KINDNESS BINGO



Sharpen someone's pencil	Say sorry if you've done something wrong	Ask someone if they need help	Tell a friend a funny joke
Say something kind to a class mate	Let someone go in front of you in line	Invite someone new to play with you	Write down 3 things you love about yourself
Thank a grown up for helping you	Hold a door open for someone	Say hello to someone new	Tidy up without being asked
Push a friend's chair in for them	Pick up some litter in the playground	Smile at someone	Write a kind note for someone in your family

KINDNESS BINGO



Push a friend's chair in for them	Sharpen someone's pencil	Say sorry if you've done something wrong	Ask someone if they need help
Let someone go in front of you in line	Invite someone new to play with you	Write down 3 things you love about yourself	Tell a friend a funny joke
Say something kind to a class mate	Thank a grown up for helping you	Hold a door open for someone	Say hello to someone new
Pick up some litter in the playground	Smile at someone	Write a kind note for someone in your family	Tidy up without being asked

KINDNESS BINGO



Pick up some litter in the playground	Push a friend's chair in for them	Sharpen someone's pencil	Say sorry if you've done something wrong
Invite someone new to play with you	Write down 3 things you love about yourself	Tell a friend a funny joke	Ask someone if they need help
Let someone go in front of you in line	Say something kind to a class mate	Thank a grown up for helping you	Hold a door open for someone
Smile at someone	Write a kind note for someone in your family	Tidy up without being asked	Say hello to someone new

KINDNESS BINGO



Smile at someone

Pick up some litter in the playground

Push a friend's chair in for them



Sharpen someone's pencil



Write down 3 things you love about yourself

Tell a friend a funny joke



Ask someone if they need help

Say sorry if you've done something wrong



Invite someone new to play with you

Let someone go in front of you in line



Say something kind to a class mate

Thank a grown up for helping you

Write a kind note for someone in your family

Tidy up without being asked



Say hello to someone new

Hold a door open for someone

KINDNESS BINGO



Write a kind note for someone in your family



Smile at someone

Pick up some litter in the playground

Push a friend's chair in for them



Tell a friend a funny joke

Ask someone if they need help

Say sorry if you've done something wrong

Sharpen someone's pencil



Write down 3 things you love about yourself

Invite someone new to play with you

Let someone go in front of you in line

Say something kind to a class mate

Tidy up without being asked



Say hello to someone new

Hold a door open for someone



Thank a grown up for helping you

KINDNESS BINGO



Tidy up without being asked	Write a kind note for someone in your family	Smile at someone 	Pick up some litter in the playground
 Ask someone if they need help	Say sorry if you've done something wrong	Sharpen someone's pencil	 Push a friend's chair in for them
 Tell a friend a funny joke	Write down 3 things you love about yourself	Invite someone new to play with you 	Let someone go in front of you in line
Say hello to someone new 	Hold a door open for someone	Thank a grown up for helping you	 Say something kind to a class mate

KINDNESS BINGO



 Say hello to someone new	Tidy up without being asked	Write a kind note for someone in your family	 Smile at someone
Say sorry if you've done something wrong	 Sharpen someone's pencil	Push a friend's chair in for them	Pick up some litter in the playground
Ask someone if they need help	 Tell a friend a funny joke	Write down 3 things you love about yourself	 Invite someone new to play with you
 Hold a door open for someone	Thank a grown up for helping you 	Say something kind to a class mate	Let someone go in front of you in line

KINDNESS BINGO



Hold a door open for someone	Say hello to someone new 	Tidy up without being asked	Write a kind note for someone in your family
 Sharpen someone's pencil	Push a friend's chair in for them	 Pick up some litter in the playground	Smile at someone 
Say sorry if you've done something wrong	 Ask someone if they need help	Tell a friend a funny joke	Write down 3 things you love about yourself
 Thank a grown up for helping you	Say something kind to a class mate	Let someone go in front of you in line	 Invite someone new to play with you

KINDNESS BINGO



Thank a grown up for helping you 	Hold a door open for someone	Say hello to someone new 	Tidy up without being asked
Push a friend's chair in for them	Pick up some litter in the playground	Smile at someone 	Write a kind note for someone in your family
 Sharpen someone's pencil	Say sorry if you've done something wrong	Ask someone if they need help 	 Tell a friend a funny joke
 Say something kind to a class mate	Let someone go in front of you in line	Invite someone new to play with you	Write down 3 things you love about yourself

KINDNESS BINGO



 Say something kind to a class mate	Thank a grown up for helping you	Hold a door open for someone	 Say hello to someone new
Pick up some litter in the playground	 Smile at someone	Write a kind note for someone in your family	Tidy up without being asked
Push a friend's chair in for them	 Sharpen someone's pencil	Say sorry if you've done something wrong	 Ask someone if they need help
Let  someone go in front of you in line	Invite someone new to play with you	Write down 3 things you love about yourself	 Tell a friend a funny joke

KINDNESS BINGO



Let someone go in front of you in line	Say something kind to a class mate	Thank a grown up for helping you	 Hold a door open for someone
 Smile at someone	Write a kind note for someone in your family	Tidy up without being asked	 Say hello to someone new
Pick up some litter in the playground	 Push a friend's chair in for them	 Sharpen someone's pencil	Say sorry if you've done something wrong
Invite someone new to play with you	Write down 3 things you love about yourself	 Tell a friend a funny joke	Ask someone if they need help 

KINDNESS BINGO



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KINDNESS BINGO



 Smile at someone	Write down 3 things you love about yourself	Invite someone new to play with you	Say something kind to a class mate
Tell a friend a funny joke 	 Hold a door open for someone	Let someone go in front of you in line	 Ask someone if they need help
Tidy up without being asked	Push a friend's chair in for them	 Say hello to someone new	Pick up some litter in the playground
 Thank a grown up for helping you	Say sorry if you've done something wrong	Sharpen someone's pencil 	Write a kind note for someone in your family

KINDNESS BINGO



Invite someone new to play with you 	Tell a friend a funny joke	Say sorry if you've done something wrong	Ask someone if they need help
Hold a door open for someone	 Thank a grown up for helping you	 Say something kind to a class mate	Let someone go in front of you in line
 Smile at someone	Pick up some litter in the playground	Write a kind note for someone in your family	Say hello to someone new
 Sharpen someone's pencil	Write down 3 things you love about yourself	Push a friend's chair in for them 	 Tidy up without being asked







KINDNESS BINGO



<p>Ask someone if they need help</p> 	<p>Let someone go in front of you in line</p>	<p>Tell a friend a funny joke</p> 	<p>Write down 3 things you love about yourself</p>
<p>Say something kind to a class mate</p> 	<p>Say sorry if you've done something wrong</p>	<p>Thank a grown up for helping you</p>	<p>Write a kind note for someone in your family</p>
<p>Say hello to someone new</p>	<p>Pick up some litter in the playground</p> 	<p>Tidy up without being asked</p> 	<p>Invite someone new to play with you</p>
<p>Push a friend's chair in for them</p> 	<p>Hold a door open for someone</p>	<p>Sharpen someone's pencil</p>	<p>Smile at someone</p> 

KINDNESS BINGO



<p>Smile at someone</p> 	<p>Pick up some litter in the playground</p>	<p>Write a kind note for someone in your family</p>	<p>Sharpen someone's pencil</p> 
<p>Say something kind to a class mate</p>	<p>Let someone go in front of you in line</p> 	<p>Invite someone new to play with you</p>	<p>Write down 3 things you love about yourself</p>
<p>Thank a grown up for helping you</p> 	<p>Tell a friend a funny joke</p>	<p>Say hello to someone new</p>	<p>Tidy up without being asked</p> 
<p>Push a friend's chair in for them</p> 	<p>Ask someone if they need help</p>	<p>Hold a door open for someone</p> 	<p>Say sorry if you've done something wrong</p>

KINDNESS BINGO



Push a friend's chair in for them	Thank a grown up for helping you	Smile at someone	Ask someone if they need help
Invite someone new to play with you	Say sorry if you've done something wrong	Write down 3 things you love about yourself	Sharpen someone's pencil
Write a kind note for someone in your family	Say something kind to a class mate	Hold a door open for someone	Say hello to someone new
Pick up some litter in the playground	Tell a friend a funny joke	Tidy up without being asked	Let someone go in front of you in line

KINDNESS BINGO



Say hello to someone new	Push a friend's chair in for them	Sharpen someone's pencil	Smile at someone
Invite someone new to play with you	Write down 3 things you love about yourself	Hold a door open for someone	Ask someone if they need help
Let someone go in front of you in line	Write a kind note for someone in your family	Thank a grown up for helping you	Say something kind to a class mate
Say sorry if you've done something wrong	Pick up some litter in the playground	Tidy up without being asked	Tell a friend a funny joke

KINDNESS BINGO



 Push a friend's chair in for them	Tidy up without being asked	Say something kind to a class mate	 Sharpen someone's pencil
Hold a door open for someone	Tell a friend a funny joke 	 Ask someone if they need help	Say sorry if you've done something wrong
 Invite someone new to play with you	Let someone go in front of you in line	Thank a grown up for helping you	Pick up some litter in the playground
 Say hello to someone new	Write a kind note for someone in your family	Write down 3 things you love about yourself	 Smile at someone

KINDNESS BINGO



Write a kind note for someone in your family	Pick up some litter in the playground	Tell a friend a funny joke	 Push a friend's chair in for them
Let someone go in front of you in line	Ask someone if they need help 	Say sorry if you've done something wrong	 Sharpen someone's pencil
Write down 3 things you love about yourself	Invite someone new to play with you	Thank a grown up for helping you 	Say something kind to a class mate
 Smile at someone	Say hello to someone new	Hold a door open for someone	 Tidy up without being asked

KINDNESS BINGO



Tidy up without being asked	Smile at someone 	Say sorry if you've done something wrong	Pick up some litter in the playground
Write a kind note for someone in your family	Invite someone new to play with you	 Sharpen someone's pencil	 Push a friend's chair in for them
 Tell a friend a funny joke	Hold a door open for someone	Write down 3 things you love about yourself	Let someone go in front of you in line
 Ask someone if they need help	Say hello to someone new	 Thank a grown up for helping you	 Say something kind to a class mate

KINDNESS BINGO



Say sorry if you've done something wrong	Say hello to someone new	Write a kind note for someone in your family	 Push a friend's chair in for them
Let someone go in front of you in line	 Sharpen someone's pencil	Invite someone new to play with you	Hold a door open for someone
Smile at someone 	 Pick up some litter in the playground	Write down 3 things you love about yourself	 Tidy up without being asked
Say something kind to a class mate	Thank a grown up for helping you 	 Tell a friend a funny joke	Ask someone if they need help

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