

Lesson Plan – Online Bullying – Primary



Crib notes

Aim of the lesson:

Online bullying is a prevalent danger for young people. The internet has made bullying even more complex. This video-based lesson provides pupils with scenarios of online bullying and allows them to reflect on how to respond to these situations. Each scenario has accompanying context notes and additional information in the lesson plan below.



Lesson plan

Resources:

Online Bullying PPT, Online Bullying Animations.

Learning objectives:

- Understand what 'Online Bullying' is.
- Discuss different bullying scenarios & how we might deal with them.
- Develop our confidence in how we respond to 'Online Bullying'.



Teaching:

Slide 1: Title slide [Why do you think Freddy \(the dog\) is sad? What would you do if Freddie was your friend?](#)

Slide 2: Share the learning objectives.

Slide 3: Slide 3: What is online bullying?

[Before clicking on to reveal the explanation - Have pupils discuss what they think online bullying is. Feedback ideas.](#)

- 'Online Bullying' (aka Cyber-Bullying) is bullying that takes place online.
- It is using the internet, email, online games or any digital technology to threaten, tease, upset or humiliate someone else.



Ask if they can think of any examples. Feedback ideas. Use the examples below if they need ideas:

- Nasty comments via chat apps or under pictures.
- People making fun of you online.
- Getting nasty messages or calls from anonymous numbers.
- Pictures being uploaded without your consent.



Task:

Slides 4-7 contain three animated 'online bullying' scenarios for children to discuss together. Click once on each scenario slide to begin the video.

Slide 4: Introduction to task. Set expectations for group discussion after watching animated scenarios.

Slide 5: Scenario 1

Context: (A written version of this scenario can be found on Slide 6)

Abida is the central character in this video. In school some girls in her class steal and vandalise her pencil case. Abida then tells the teacher. Once she returns home, she receives nasty WhatsApp messages from the girls.

WhatsApp is a popular messaging app which allows you to chat with friends, send photos, videos or make voice and video calls for free.

- Play video
- Ask pupils "What would you do if this was your friend?" (allow time for discussion in groups)
- Class feedback

Correct responses:

- Abida should speak to a trusted adult.

Incorrect responses:

- She should reply back with her own rude messages – Will this help Abida's situation? Is that being a cyber hero or is she just as bad as the bullies?
- She should just ignore it/ it's no big deal/ it happens all the time. – Abida is clearly upset by it. It is not ok to be harassed online.

Slide 7: Scenario 2

Context: (A written version of this scenario can be found on Slide 7)

David is the central character in this video. It shows a video he has posted on YouTube.

YouTube is an online video sharing service that can be accessed from both desktop



and mobile devices. YouTube users can like or dislike a video and can add comments underneath the video.

David is making a video about the game Minecraft.

This is a multiplatform game where players explore created worlds and use building tools to customise them.

People have started to dislike David's video and are posting mean/nasty comments underneath. David then texts his friend Amir to ask him to look at the comments.

- Play video.
- Ask pupils "What would you do if this was your friend?" (allow time for discussion in groups)
- Class feedback

Correct responses:

- Amir should tell a trusted adult.
- Amir should report the comments.

Incorrect responses:

- Amir/David should ignore the comments – *It is not ok to be harassed online.*
- Amir should post mean comments back to defend his friend. - *Will this help David's situation? Is that a good idea or is he becoming involved in name calling/bullying too?*

Slide 9: Scenario 3

Context: (A written version of this scenario can be found on Slide 10)

Bryn and Caitlin are playing Fortnite together.

Fortnite is a 'battle royale' game with up to 100 players in each game lobby. The last surviving player or players win. Players play solo, duo or squads (up to 4).

Bryn and Caitlin are playing duos. They are in their own rooms and talking through a headset. They are enjoying playing together. We cut to a new day and Caitlin picks up her headset to ask Bryn to play again. Bryn makes some rude comments and starts playing with a new duo partner. Caitlin becomes upset. She then picks up her phone and starts to make a mean post online about Bryn. The video stops before she clicks send.

- Play video.
- Ask pupils "What would you do if this was your friend?" (allow time for discussion in groups)
- Class feedback

Correct responses:

- Do not send the post. Tell a trusted adult about what Bryn said.

Incorrect responses:

- Post the meme making fun of Bryn – *Will this help Caitlin's situation? Is that a good idea or will this become her bullying/name-calling Bryn?*



- Delete the post and don't speak to anyone. She is clearly upset by her friend's action. She needs to speak to someone. We should ALWAYS tell a trusted adult.

Slide 11: Plenary – Think, Pair, Share

Pose these questions to the class one at a time. Ask the question, give them time to THINK independently about it. Then allow them to PAIR up and discuss. Then chose someone to SHARE their thoughts with the class.

1. What is online bullying? (ask pupils to try describing it in their own words)
2. Can you think of any other examples of online bullying? (we want them to reflect on their learning and see if they can think of more examples now than they could at the beginning of the lesson)
3. What advice would you give your friend if they were dealing with online bullying?

The best ways of dealing with 'online bullying' are:

- Report it (this is the most important one to remember – speak to a Trusted Adult)
- Block and report people
- Keep evidence



Extended Activities:

To complete this you may need to print out the handout with the printable versions of the video scenarios.

This handout also contains a phone text message template which your pupils can use to write their responses.

Slide 12 explains the task to pupils and provides an example.

- Write a text message to one of the characters telling them what they should do in their scenario.